

Say **NO** to

CYBERBULLYING



WHAT IS CYBERBULLYING?

Cyberbullying affects lots of young people and can be hurt mentally; this is called 'Emotional abuse'. If this happens to you you have to tell somebody. Cyberbullying is against the law so if it effects you, you must do something!

Cyberbullying can be done by a person or a group of people, using the internet, a phone or any technology, can threaten, abuse and tease you.

38% of young children are affected by cyberbullying,

Is there 26% by email and 24% by text. Worryingly 28%

a missing didn't tell about ANY BODY! Cyberbullying can

follow you - keep safe and don't reply to any messages, or delete them either - show them to an adult.

A great use of percentages!

WHAT CAN YOU DO?

Stay safe online and make sure you don't share personal information: emails, age, school, name, address, personal photo's ect. Make sure

that you know who you are talking to, set your account settings to private and if anybody is bullying you block them or report them to CEOP. Be careful around chat rooms, texts, social network sites and online games.

Here are some DO's and DON'Ts.

<u>DO'S</u>	<u>DON'T</u>
<ul style="list-style-type: none">• Tell an adult.• Don't reply• Ignore the bullies.	<ul style="list-style-type: none">• Delete messages• Talk to strangers.• Keep it to yourself.

Great Tips!

WHAT WE'VE LEARNED...

We know that cyberbullying is bad and if it happens to you, you can prevent it. You know how to stay safe online and what to do and not do.

Remember: Laugh and your part of it!

Ⓐ A well written
and researched
project

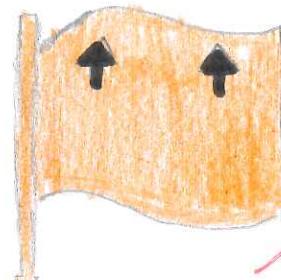


▢ What would
you call the
missing subheading?

ZIP IT



BLOCK IT



FLAG IT

FTP